

Course: Cariesology

Course Coordinator: Prof. Alen Braut, PhD, DMD

Department: Endodontics and restorative dentistry

Study program: Integrated Undergraduate and Graduate University Study of Dental Medicine

Study year: 3rd

Academic year: 2022 / 2023.

SYLLABUS

Course description (a brief description of the course, general instructions, where and in what form the lessons are organized, necessary equipment, instructions for attendance and preparation for classes, student obligations, etc.):

The aim of the course is to train students to diagnose and set a treatment plan for initial dental carious lesions, as well as to acquire knowledge about the complex interaction of factors in the development of dental caries. The objectives of the course are to learn how to clinically recognize the initial and also the advanced carious lesions of the teeth and to improve the use of modern diagnostic procedures in the prevention of dental caries.

Assigned reading:

GJ Mount, WR Hume, HC Ngo, MS Wolff. Preservation and Restoration of Tooth Structure. 3rd Ed. Willey Blackwell. 2016.

Optional/additional reading:

Dental Caries: The Disease and its Clinical Management by Ole Fejerskov (Editor), Bente Nyvad (Editor), Edwina Kidd (Editor) (8-May-2015).

COURSE TEACHING PLAN:

The list of lectures (with topics and descriptions):

L1. Development of teeth and origin of formative tissues

Learning outcomes:

- describe and explain the aim of the Dental Caries course
- describe development of teeth and surrounding tissues

L2. Morphological and structural irregularities of hard dental tissues.

Learning outcomes:

- define physiological and pathological forms of tooth development
- explain the origin of certain structural and morphological irregularities of the teeth

L3. Theories about the occurrence of caries. Epidemiology of caries.

Learning outcomes:

- describe historical theories about the occurrence of caries
- explain the scientific basis of certain theories about the occurrence of caries
- describe and explain the ways of recording caries prevalence in the world
- name the modern theory of dental caries

L4. Etiology and definition of dental caries, clinical picture and clinical classification.

Learning outcomes:

- define the causes of dental caries
- explain the consequences of tooth decay and the clinical appearance of affected teeth
- define the clinical classification of caries

L5. Caries as a specific microbial infection

Learning outcomes:

- define the microbes that cause dental caries
- explain the mechanisms of action of microorganisms on dental tissues

L6. Pathohistological picture of caries and pathohistological classification

Learning outcomes:

- define the pathohistological layers of dental caries
- define the pathohistological classification of dental caries
- describe the composition of the carious lesion layers of enamel and dentin

L7. Diagnostics of dental caries.

Learning outcomes:

- define the possibilities of diagnostic procedures in caries detection
- explain the mechanisms of diagnosing carious lesions
- explain the cooperation of specialists in dental pathology with various specialties of dental medicine

L8. Dento-bacterial plaque: formation, composition and structure

Learning outcomes:

- describe the mechanisms of dental plaque formation
- name and explain the structure and composition of dental plaque

L9. Chemical events in enamel and dentin during the carious process.

Learning outcomes:

- explain the chemical processes during the formation of a carious lesion
- define the stages of carious lesion formation
- define the differences between enamel caries and dentin caries

L10. Assessment of the risk of caries.

Learning outcomes:

- define the degrees of risk of carious lesions
- define the factors of occurrence and their role in assessing the risk of new caries or the progression of an existing caries

L11. Prevention of dental caries (biochemical approach).

Learning outcomes:

- define the procedures of the non-operative approach to the prevention of dental caries
- describe and explain the mechanisms of action of preventive procedures

L12. Caries prevention (clinical approach)

Learning outcomes:

- define procedures for the operative approach to the prevention of dental caries
- describe and explain the advantages and disadvantages of operational preventive procedures

The list of seminars with descriptions:

S1. Histopathological image of caries

Learning outcomes:

- describe the caries layers of dentin and enamel

S2. The role of dentobacterial plaque in the development of caries and its control.

Learning outcomes:

- explain the role of dentobacterial plaque in the development of caries
- list the measures to control dentobacterial plaque

S3. Clinical diagnosis of caries

Learning outcomes:

- name the clinical procedures for the diagnosis of dental caries
- explain the working methods of clinical diagnostic procedures

S4. Meaning and application of epidemiological results

Learning outcomes:

- calculate epidemiological indices
- describe the occurrence of caries in the world

S5. Risk factors for caries.

Learning outcomes:

- define the factors for the occurrence of caries
- connect the interplay of factors in the development of dental caries

S6. Data collection methodology for epidemiological analysis

Learning outcomes:

- describe the methodology of data collection on dental caries
- explain the importance of precise data collection methodology

S7. Implementation of Epidemiological analysis and interpretation of results

Learning outcomes:

- explain the methods of implementing the analysis of the obtained data
- explain the significance of the obtained results of the epidemiological analysis

S8. Modern methods of controlling dental caries

Learning outcomes:

- define the methods of controlling dental caries and the influence on the factors of its occurrence
- explain the selection of a particular method of dental caries prevention

The list of practicals with descriptions:

The practicals will be performed at the Faculty of Dental Medicine and Clinic for Dental Medicine of the Rijeka Clinical Hospital Center. Before accessing individual exercises in small groups, students are required to acquire and demonstrate theoretical knowledge that they will perform practically initially with each other and later on patients. During the exercises, students will acquire the knowledge and skills necessary to detect initial and clinical caries lesions and establish a plan for preventive procedures therapy.

Students' obligations:

Students are obliged to regularly attend, actively participate and complete assignments in all forms of teaching.

Assessment (exams, description of written / oral / practical exam, the scoring criteria):

Student assessment is carried out in accordance with the current University of Rijeka Study Regulations.

Students are graded using the ECTS (A-F) and numerical system (1-5). Grading in the ECTS system is carried out by absolute distribution.

During the semester and the final exam, students will be able to collect a maximum of 100 grade points (a maximum of 50 grade points during the semester and a maximum of 50 grade points during the final exam).

During the semester, a student can collect a maximum of 50 grade points (table 1).

Of these, 20 in the colloquium, 10 in the seminar work, 20 during the practicals with continuous verification of theoretical and practical knowledge.

| | Evaluation | Maximal grade points |
|------------|----------------------|----------------------|
| colloquium | | 2x10 |
| Practicals | Continuous assesment | 20 |
| Seminars | Food diary | 10 |
| | Total | 50 |

Mandatory colloquium (up to 20 points)

During classes, all students are required to take a written colloquium from the given program, where they earn a maximum of 25 points. The colloquium is held in the lecture hall at Krešimirova 42.

Seminars (up to 10 points) - food diary

Students are obliged to actively participate during the seminar.

Preclinical exercises (20 points)

During the pre-clinical exercises, the student is obliged to practically work out all the given topics in the exercises.

Evaluation of preclinical exercises:

Continuous verification of theoretical and practical knowledge in exercises. The average grade is taken in the following way:

| Average grade on practicals (A-C) | Average grade on practicals (5-1) | Total average grade on practicals | Grade points |
|-----------------------------------|-----------------------------------|-----------------------------------|--------------|
| A | 5 | 4,5- 5 | 20 |
| A/B | 4 | 3,5- 4,49 | 17 |
| B | 3 | 2,50- 3,49 | 13 |

| | | | |
|-----|---|---------|----|
| B/C | 2 | 2- 2,49 | 10 |
| C | 1 | 0- 1,99 | 0 |

If a student, excused or unjustified, misses more than 30% of classes, he cannot continue following the course and loses the opportunity to take the final exam. With this, he collected 0 ECTS points and was graded F.

Evaluation of the final exam with 50 marks

The final exam is a written test containing 30 questions. Of these, 45 questions are based on the principle of rounding one or more correct answers (incorrect answers do not carry negative points), and 5 questions are descriptive.

Formation of the final grade:

The grades obtained during the semester are joined by the points obtained on the final exam. Based on the total sum of points, students are evaluated as follows:

A (5) – 90-100 grade points
 B (4) – 75-89.9 grade points
 C (3) – 60-74.9 grade points
 D (2) – 50-59.9 grade points
 F (1) – 0-49.9 grade points

The numerical evaluation system is compared with the ECTS system as follows: A - excellent (5), B - very good (4), C - good (3), D - sufficient (2), F - insufficient (1).

Passing the CARIESOLOGY exam is a REQUIREMENT for admission to the College of RESTORATIVE DENTAL MEDICINE.

Other important information regarding to the course:

Retaking the course:

In case of re-enrolling the course the students have the same responsibilities as the first time attendees and are obliged to regularly attend, actively participate and complete assignments in all forms of teaching.

COURSE SCHEDULE (for academic year 2022/23)

30.1.-3.2. Cariesology

| Date | Lectures (time) | Seminars | Practicals | Instructor |
|------------|-----------------|----------|------------|----------------------------|
| 30.1.2023. | L1 (8.00-8.45) | | | Prof. Alen Braut, PhD, DMD |
| | L2 (8.45-9.30) | | | Prof. Alen Braut, PhD, DMD |
| | L3 (9.30-10.15) | | | Prof. Alen Braut, PhD, DMD |

| | | | | |
|------------|---------------------------------|------------------|------------------|---|
| | L4 (10.15-11.00) | | | Prof. Alen Braut, PhD, DMD |
| | Pause | | | |
| | L5 (11.30-12.15) | | | Prof. Alen Braut, PhD, DMD |
| | L6 (12.15-13.00) | | | Prof. Alen Braut, PhD, DMD |
| | L7 (13.00-13.45) | | | Prof. Alen Braut, PhD, DMD |
| | L8 (13.45-14.30) | | | Prof. Alen Braut, PhD, DMD |
| 1.02.2023. | | S1 (8.00-8.45) | | D.Šnjarić, PhD, DMD |
| | | | P1 (8.00-8.45) | E. Božac DMD D.Šnjarić, PhD, DMD |
| | | S2 (8.45-9.30) | | J. Vidas Hrstić, PhD, DMD |
| | | | P2 (8.45-9.30) | E. Božac DMD D.Šnjarić, PhD, DMD |
| | | S3 (10.15-11.00) | | D.Šnjarić, PhD, DMD |
| | | | P3 (10.15-11.00) | E. Božac DMD D.Šnjarić, PhD, DMD |
| | L9 (11.30-12.15) | | | Prof. Alen Braut, PhD, DMD |
| | L10 (12.15-13.00) | | | Prof. Alen Braut, PhD, DMD |
| | L11 (13.00-13.45) | | | Prof. Alen Braut, PhD, DMD |
| | L12 (13.45-14.30) | | | Prof. Alen Braut, PhD, DMD |
| 2.02.2023. | | S4 (8.00-8.45) | | D.Šnjarić, PhD, DMD |
| | | | P4 (8.00-8.45) | J. Vidas Hrstić, PhD, DMD E. Paljević, DMD |
| | | S5 (8.45-9.30) | | J. Vidas Hrstić, PhD, DMD |
| | | | P5 (8.45-9.30) | E. Paljević, DMD J. Vidas Hrstić, PhD, DMD |
| | | S6 (9.30-10.15) | | D.Šnjarić, PhD, DMD |
| | | | P6 (9.30-10.15) | E. Paljević, DMD J. Vidas Hrstić, PhD, DMD |
| | | S7 (10.15-11.00) | | D.Šnjarić, PhD, DMD |
| | | | P7 (10.15-11.00) | E. Paljević, DMD J. Vidas Hrstić, PhD, DMD |
| | Colloquium (11.30-12.15) | | | |
| 3.02.2023. | | S8 (8.00-8.45) | | D.Šnjarić, PhD, DMD |
| | | | P8 (8.00-8.45) | E. Paljević, DMD J. Vidas Hrstić, PhD, DMD |
| | | | P9 (8.45-9.30) | E. Paljević, DMD J. Vidas Hrstić, PhD |
| | | | P10 (9.30-10.15) | E. Paljević, DMD |

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| | | | | J. Vidas Hrستیć, PhD |
| 6.02.2023. | FINAL exam (8.00-8.45) | | | |

List of lectures, seminars and practicals:

| | LECTURES (Topics) | Teaching hours | Location/Lecture room |
|-----|---|----------------|-----------------------|
| L1 | Development of teeth and origin of formative tissues | 1 | Kresimirova 42 |
| L2 | Morphological and structural irregularities of hard dental tissues | 1 | Kresimirova 42 |
| L3 | Theories about the occurrence of caries. Epidemiology of caries. | 1 | Kresimirova 42 |
| L4 | Etiology and definition of dental caries, clinical picture and clinical classification. | 1 | Kresimirova 42 |
| L5 | Caries as a specific microbial infection | 1 | Kresimirova 42 |
| L6 | Pathohistological picture of caries and pathohistological classification | 1 | Kresimirova 42 |
| L7 | Diagnostics of dental caries | 1 | Kresimirova 42 |
| L8 | Dento-bacterial plaque: formation, composition and structure | 1 | Kresimirova 42 |
| L9 | Chemical events in enamel and dentin during the carious process. | 1 | Kresimirova 42 |
| L10 | Assessment of the risk of caries. | 1 | Kresimirova 42 |
| L11 | Prevention of dental caries. (biochemical approach). | 1 | Kresimirova 42 |
| L12 | Caries prevention. (clinical approach) | 1 | Kresimirova 42 |
| | TOTAL TEACHING HOURS | 12 | |

| | SEMINARS (Topics) | Teaching hours | Location/Lecture room |
|----|---|----------------|-----------------------|
| S1 | Histopathological image of caries | 1 | Kresimirova 42 |
| S2 | The role of dentobacterial plaque in the development of caries and its control. | 1 | Kresimirova 42 |
| S3 | Clinical diagnosis of caries | 1 | Kresimirova 42 |
| S4 | Meaning and application of epidemiological results | 1 | Kresimirova 42 |
| S5 | Risk factors for caries. | 1 | Kresimirova 42 |
| S6 | Data collection methodology for epidemiological analysis | 1 | Kresimirova 42 |
| S7 | Implementation of Epidemiological analysis and interpretation of results | 1 | Kresimirova 42 |
| S8 | Modern methods of controlling dental caries | 1 | Kresimirova 42 |
| | TOTAL TEACHING HOURS | 8 | |

| | PRACTICALS (Topics) | Teaching hours | Location/Lecture room |
|----|---|----------------|-----------------------|
| P1 | Sampling for inoculation and microbiological analysis of planktonic and dentobacterial plaque bacteria. | 1 | Kresimirova 42 |

| | | | |
|-----------------------------|---|-----------|----------------|
| P2 | Analysis of the results of planktonic and dentobacterial plaque bacteria | 1 | Kresimirova 42 |
| P3 | Clinical diagnosis of caries in student groups | 1 | Kresimirova 42 |
| P4 | Clinical diagnosis of caries in student groups | 1 | Kresimirova 42 |
| P5 | Clinical diagnosis of caries in student groups | 1 | Kresimirova 42 |
| P6 | Clinical diagnosis of caries in student groups | 1 | Kresimirova 42 |
| P7 | Clinical diagnosis of caries in KBC Ri patients. | 1 | Kresimirova 42 |
| P8 | Clinical diagnosis of caries in KBC Ri patients | 1 | Kresimirova 42 |
| P9 | Survey on eating habits and advice on nutrition | 1 | Kresimirova 42 |
| P10 | Determining caries risk and creating a therapy plan by computer analysis of the collected data. | 1 | Kresimirova 42 |
| TOTAL TEACHING HOURS | | 10 | |

| | FINAL EXAM DATES |
|----|-------------------------|
| 1. | 6.02.2023. |
| 2. | 20.02.2023. |
| 3. | 2.06.2023. |